



Blue caffè



@blue_estepona



BOCADILLOS | BAGUETTES

TOMATE & ACEITE MANTEQUILLA & MERMELADA.....	2,50€
(Tomato & virgin olive oil Butter & jam)	
JAMÓN YORK & QUESO.....	4,50€
(York Ham & cheese)	
PAVO & QUESO.....	4,50€
(Turkey & cheese)	
POLLO LOMO BACON & QUESO.....	4,50€
(Chicken Loin Bacon & cheese)	
TORTILLA FRANCESA.....	4,50€
(Omelette)	
CATALANA.....	4,50€
(Ham, tomato & virgin olive oil)	
SALMÓN AHUMADO & QUESO CREMA.....	5,50€
(Smoked salmon & cream cheese)	
EL ESPECIAL DE LOLA.....	5,50€
(Pollo o lomo, queso, huevo, tomate y bacon)	
(Chicken or pork, cheese, egg, tomato & bacon)	

*1,00€ por suplemento | *1,00€ extra ingredient



SANDWICHES

SANDWICH MIXTO.....	3,50€
(Jamón york y queso) (Ham & cheese)	
SANDWICH VEGETAL.....	5,50€
(Cebolla, aguacate, lechuga y tomate)	
(Onion, avocado, lettuce & tomato)	
SANDWICH CLUB.....	6,50€
(Bacon, huevo, lechuga, tomate y queso)	
(Bacon, egg, lettuce, tomato, cheese)	

BOLLERÍA

CROISSANT.....	2,00€
NAPOLITANA.....	2,00€



HEALTHY

BOWL DE GRANOLA	8,00€
Con fruta de temporada y yogurt (Fruits, yogurt & granola)	
ENSALADA DE FRUTA.....	8,00€
(Fruit salad)	
BATIDO DE PROTEINA WHEY.....	4,00€
(WHEY protein shake)	
BATIDO DE PROTEINA ISO.....	5,00€
(ISO protein shake)	
SMOOTHIE	5,00€
SMOOTHIE CON PROTEINAS.....	7,00€
(Protein smoothie)	

+0.50€ complement creatina | +0.50€ creatine complement



HUEVOS|EGGS



HUEVOS, BACON, TOMATE, AGUACATE Y TOSTADAS...9,50€	
(Fried eggs, bacon, tomato, avocado & toast)	
HUEVOS REVUELTOS CON TOSTADAS.....	6,50€
(Scrambled Eggs with Toast)	
*Elige jamón, queso, bacon, aguacate, tomate, cebolla	
*Choose ham, cheese, bacon, avocado, tomato, onion	
TORTILLA FRANCESA CON TOSTADAS.....	6,50€
(Omelette with Toast)	
*Elige jamón, queso, bacon, aguacate, tomate, cebolla	
*Choose ham, cheese, bacon, avocado, tomato, onion	
HUEVO BENEDICT.....	8,50€
(2 Huevos a la plancha, pan, salsa holandesa y base de aguacate (2 Fried eggs, bread, hollandaise sauce over and avocado base)	
*Elige Jamón, Bacon y Salmon	
*Choose Ham, Bacon or Salmon	

ENSALADAS | SALADS

LOS REALES.....	8,00€
(Atún, lechuga, tomate, zanahoria y cebolla (Tuna, lettuce, tomato, carrot and onion))	
CÉSAR.....	9,50€
(Lechuga, pollo, bacon, parmesano , picatostes y salsa cesar (Lettuce, chicken, bacon, parmesan, croutons and caesar sauce))	
TOMATES ALIÑADOS.....	8,00€
(Seasoned tomatoes)	

PASTA & PIZZA

PASTA.....	8,00€
(Napolitana, Boloñesa, Carbonara, Pesto)	
PIZZA MARGARITA.....	10,00€

BURGER

LOS REALES CLUB.....	10,00€
(180 gr de carne ANGUS, lechuga, tomate, queso cheddar y bacon) (180 gr ANGUS, lettuce, tomato, cheddar & bacon)	
VEGETAL.....	8,50€
(Hamburguesa vegetal, lechuga, tomate y cebolla) (veggie burger, lettuce, tomato and onion)	
RACION DE PATATAS FRITAS	4,00€
(French fries)	

PLATOS COMBINADOS

CROSSFIT.....	9,50€
(Chicken, Rice, Eggs)	
PADEL.....	9,50€
(Loin, Salad, Eggs)	
FUNCIONAL.....	9,50€
(Bacon, French Fries, Eggs)	
HUEVOS ROTOS CON JAMON.....	10,50€
(Eggs, French Fries, Ham)	

PAELLAS (por encargo)20,00€ p/p

*Marisco, Negra, Verdura o Carne | *Shellfish, Black Rice, Vegetable or Meat

BARBACOA (por encargo)